

NORWICH YMCA POOL SCHEDULE: MAY 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15-8:30 AM	Adult Lap (6)	Adult Lap (6)	Adult Lap (6)	Adult Lap (6)	Adult Lap (6)	Pool Closed 7:15-8:45AM Adult Lap (6)	9:30-10:30 AM Adult Lap (6)
8:30-9:30 AM	Adult Lap (2) Water Fitness (4)	Adult Lap (2) Water Fitness (4)	Adult Lap (2) Water Fitness (4)	Adult Lap (2) Water Fitness (4)	Adult Lap (2) Water Fitness (4)	8:45 - 11:45 PM Pool Closed For Swim Lessons	10:30-1:45 PM Adult Lap (3) Open Swim (3)
9:30-10:30 AM	Water Arthritis (4) Adult Lap (2)	Nursery School Swim (3) Adult Lap (3)	Adult Lap (2) Water Arthritis (4)	Adult Lap (6)	Pool Closed for Nursery School Swim (2) Water Arthritis (4) 9:30-10:30 AM		
10:30-10:45 AM	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	11:45-12:45PM Adult Lap (3) Open Swim (3)	1:45-2:00 PM Pool Closed
10:45-11:45 AM	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	12:45-1:00 PM Pool Closed	2:00-3:00 PM Pool Reservation
11:45-12:45 PM	Adult Lap (3) Praise in the Pool (3)	Adult Lap (3) Praise in the Pool (3)	Adult Lap (3) Praise in the Pool (3)	Adult Lap (3) Praise in the Pool (3)	Adult Lap (3) Praise in the Pool (3)	1:00-2:00 PM Pool Reservation	3:00-4:00 PM Adult Lap (3) Open Swim (3)
12:45-2:00 PM	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2) 1:00-2:00 PM Adult Lap (3) Pre-K Swim (3)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	2:00-3:00 PM Adult Lap (3) Open Swim (3)	4:00 PM Pool Closed
2:00-2:15 PM	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	3:00-3:15 PM Pool Closed	
2:15-3:15	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)	3:15-4:15 PM Pool Reservation	
3:15-5:15 PM	Adult Lap (3) Open Swim (2) Private Lessons (1)	Adult Lap (3) Open Swim (2) Private Lessons (1)	Adult Lap (3) Open Swim (2) Private Lessons (1)	Adult Lap (3) Open Swim (2) Private Lessons (1)	Adult Lap (3) Open Swim (2) Private Lessons (1)	4:15PM-6:30 PM Adult Lap (3) Open Swim (3)	
5:15-6:30 PM	Praise in the Pool (3) Adult Lap (2) Private Lessons (1)	Water Fitness (3) Adult Lap (2) Private Lessons (1)	Pool Closed for Swim Team 5:15-6:30pm	Pool Closed For Swim Lessons/ Water Fitness 5:15-6:30pm	Pool Closed for Swim Team 5:15-6:30pm		
6:30-8:00 PM	Pool Closed for Swim Team	Adult Lap (4) Open Swim (2)	Adult Lap (3) Aqua HITT (3)	Adult Lap (4) Open Swim (2)	Adult Lap (4) Open Swim (2)		

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