



# UPDATED INFO



## YMCA FACILITY UPDATE: 7-5-2021

### ENTERING THE Y

#### REQUIRED:

- One time Waiver Signed upon returning
- Members and Guest passes accepted
- Unvaccinated members and guests must wear a mask per CDC guidelines.
- Members and guest still must follow the health screening questions and not visit if not feeling well. Guidelines posted at the Front Door.
- All members and guest will adhere to the YMCA Facility Code of Conduct policy

Remember to reserve a spot for the pool at:  
[norwichfamilyymca9622.setmore.com](http://norwichfamilyymca9622.setmore.com)

### AREAS OPEN

- The Pool is still utilizing a reservation system.
- A new Pool Schedule has been created for the week of 7-5-21
- No reservations needed for the gymnasium. Open gym time now
- Fitness classes are being held on Gymnasium Court Three and sometimes outside in our back parking lot off of the gym.
- Child Watch Hours beginning 7-5-21
  - M-F: 8 to 11 a.m.
  - M-F: 4:30 to 7 p.m.
- No Open Basketball on Tuesday evenings beginning at 5:30 p.m. and Wednesday evenings at 4:30 p.m. due to our Summer Basketball Leagues. This begins July 6– August 4
- Karate will be changing their class times to:
  - Mon. & Thur.: 6:30 to 7:30 p.m.

### CURRENTLY OPEN

- Swimming Pool
- Racquetball Courts
- Pickleball
- Walking Track
- Fitness Center
- Cardiovascular equipment
- Group Exercise Classes & Karate
- Water Fitness Classes
- Saunas
- Whirlpool
- Water Fountains
- Kids Gym (Opening Soon)

### **UPDATED FACILITY HOURS**

**Begin JULY 5, 2021**

**Monday–Friday 5:30 AM–9:00 PM**

**Saturday 7:00 AM–5:00 PM**

**Sunday 9:00 AM–2:00 PM**