



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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ELEVATE YOUR GAME BASKETBALL CAMP



AT THE NORWICH FAMILY YMCA

"Elevate your game Basketball Camp" returns for its 4th season under the leadership of Daphne Thompson, SUNY Oneonta Head Women's Basketball Coach, Keith Thompson collectively Daphne and Keith both have 20 plus years of collegiate coaching experience on their resumes.

An "Offensive Skills Camp" will be featured this year with a focus on the offensive components of the game: Proper Shooting techniques; importance of ball handling, foot work, passing and shooting; one on one aspects of the game; and competitive games that will focus on these skills during the camp.

We understand the importance of enjoying yourself while playing this game, so competitive games and exercises will be introduced during each of the camp sessions. Group and one-on-one instruction from camp counselors will be provided and we hope that each camper will walk away with a new love for the game while learning and developing the correct fundamentals of the game.

We are excited about this programming opportunity to enhance your basketball skills this summer. Whether you're a varsity, modified or beginner wishing to learn new drills, skills, techniques and coaching philosophies we encourage you to experience the "Elevate your Game" BASKETBALL CAMP this summer at the Norwich Family YMCA Field house.

WHEN: July 10, 11, 12, and July 13,

TIME: Morning Session: Grades 5-12

8:30 a.m. to 11:30 a.m

\$75 Y Members \$85 non member

*scholarships are available to qualifying participants, applications must be completed prior to camp

Location: Norwich YMCA, 68 North Broad Street, Norwich, NY 13815



Coach Daphne Thompson has finished her 25th season as a collegiate head coach and tenth at SUNY Oneonta. Where she has 176 total wins at Oneonta, bringing her career total to 399 wins during her coaching career.



Prior to Oneonta, Thompson spent 15 seasons as the head coach at Hartwick College. In 1999 Thompson was the WBCA District II Coach of the Year, Women's Division III Coach of the Year by the Basketball Coaches Association of New York, NYSWCAA Coach of the Year, and Empire Athletic Association Co-Coach of the year after leading the Hawks to an NCAA appearance.

A native of Morris, NY Coach Thompson is a graduate of the University of Delaware, where she was a four year varsity player for the Division I Blue Hens and a team captain her senior year. Thompson appeared in 107 games at Delaware as a forward on a team where they won over 60% of their games while capturing two East Coast Conference Championships.



After graduating from Delaware with a degree in Physical Education, Thompson spent time abroad with the United States East Coast All Star basketball team that traveled and competed in France. Thompson, returned to her alma mater as a graduate assistant in 1990 where she was heavily involved with the practices, recruiting, analyzing videotape of individual and team performances. During this tenure Coach Thompson received her Masters Degree in Physical Education with an emphasis in Athletic Training. Thompson is a National Athletic Trainers Association certified athletic trainer.



Prior to college Coach Thompson was a celebrated scholastic performer on the court at Morris Central School where she finished her five year varsity career with more than 1500 points and 1000 rebounds for the Mustangs. As a senior, The Daily Star of Oneonta named Thompson the Player of the Year. In 2014, Coach Thompson was inducted into the Section IV Hall of Fame for her accomplishments in sport.

Keith Thompson has over twenty years of basketball experience including twenty years of coaching experience. Most recently Coach Thompson was an Assistant Coach with the Men's Basketball team at SUNY Oneonta during the 2014-2015 season.



Keith Thompson was a multi sport athlete in college, as he competed both on the baseball diamond and the hard court for SUNY Delhi and also Hartwick College. Coach Thompson was a member of the 1988 Hartwick College basketball team that won the Eastern Regional Championship and advanced to the NCAA Division III Final Four. Coach Keith Thompson's coaching experience included eight years as an assistant coach at Oneonta State along with ten years as an assistant at Hartwick College. Thompson also served as head coach at Morris High School for three years.

Thompson earned a degree in Elementary Education from Oneonta State in 1999 with Cum Laude honors and went on to earn his masters degree from the University of New England in 2004. Coach Thompson is a familiar face in Chenango County as he is currently employed by the Sherburne Earlville School District as an Elementary Science teacher.

During the winter of 2012, Coach Thompson was inducted into the Section 4 Athletic Hall of Fame for his athletic accomplishments while attending Cherry Valley-Springfield Central Schools.

Keith and his wife Daphne also volunteer their time coaching Spring Basketball with the Catskill Mountain AAU Girls program.