



Norwich Dolphins

2009~2010 Team Suits

To All Norwich YMCA Swimmers,

The team suit, Quantum Splice by Speedo is no longer available. The team suit chosen for this season is "Freeze Frame" by TYR. These suits are for competition and are to be worn for all meets.

Swimmers can also order "grab bag" suits for practice. These suits are from Speedo, TYR, Nike and Dolfin. They are "grabbed" from the company's inventory and cost less because you don't get to choose the style. **There are no returns on grab bag suits. ALL SALES ARE FINAL.**

Fittings will be held next week, Monday, Oct.19th and Tuesday, Oct.20th from 3:00 to 5:00 p.m. at the pool. See the sizing guidelines on the back of this sheet for help. If you are unsure of which size to order, one of our parents will be present to assist with fittings.

Prices Team Suit F: \$45 M: \$32 Grab Bag F: \$30 M: \$20

Deadline for ordering suits is Friday, Oct.23rd. Suits must be paid in full upon ordering, no exceptions! Place all orders in the **TWORKOWSKY mailbox in the swimmers' file cabinet.** Checks can be made out to **"Dolphins Boosters."** Swimmers who have not placed their order by the deadline are responsible for ordering their own suits. (thelifeguardstore.com) Suits may be higher priced and will incur shipping costs.

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Swimmer's Name: _____ Phone: _____

Size: _____ Circle One: Female Male

Team Suit Quantity: _____ Grab Bag Suit Quantity: _____

Total Cost: _____ Amount Paid: _____

If you have any questions, please contact Melissa Tworkowsky or Sarah Stroh. Contact info on team website.

WOMEN'S SIZING GUIDELINES

TYR SIZE*	22	24	26	28	30	32	34	36	38	40		
Bikini Size					XXS	XS	S	M	L	XL	XXL	
Women's Size				1/	3/	5/	7/	9/	11/	13/	16	18 20 22
				2	4	6	8	10	12	14		
Girl's Size	6	7	8	10	12							
Chest	22	24	26	28	30	32	34	36	38	40	42	44 46
Waist	20	22	24	25	23	24	26	28	30	32	33	35 37
Hips	24	25	27.5	30	32	34	36	38	40	41	44	46 46

MEN'S SIZING GUIDELINES

TYR SIZE	22	24	26	28	30	32	34	36	38		
Waist	22	24	26	28	30	32	34	36	38	40	42
Adult Short					S	M	L	XL			
Youth Deckshort	S=8/10 M=10/12 L=14/16										

TYR CROSSBLADE™ TRAINING FIN SIZING GUIDELINES

TYR SIZE	YL	YXL	XXS	S	M	L	XL	XXL	XXXL
Men's Shoe Size			1-3	5-7	7-9	9-11	11-13	13-15	15-17
Kid's Shoe Size	Y8-11	Y11-13							