

The Norwich Family
YMCA

YAQUATICS™

We build strong kids, strong families, strong communities.

YMCA SKIPPERS



This is where it begins.

**Swim lessons for
children**

6 months—4 years old.

Norwich YMCA
68-70 N. Broad St.
Norwich NY, 13815
Phone: 607-336-9622
[Http://www.norwichymca.com](http://www.norwichymca.com)

SKIPPERS introduces children to the water, and equally important, it introduces parents to the water as caregivers. This introductory program prepares both parents and child for a fun filled life of water wonder and exploration.



SKIPS (for children 6 months-3 years of age). A Parent is required to be in the water with the child. These lessons teach comfort in the water for child and parent. Babies become aware of differences between moving through the water versus dry land, while parents help their child build confidence in the water. Children enjoy age-appropriate songs and games to begin learning basic water movements such as kicking and bubble blowing.

PERS(for children 3-4 years of age). Parent may not be in the water with the child. This beginning class provides an opportunity for children to be in the water without a parent and builds confidence. Fun in the water is emphasized while learning basic skills such as kicking, floating, paddling, and bubble blowing. A maximum of 10 participants may register for this class.

FALL 2011 Class Schedule

SKIPS:

Mondays 9:30-10:00am
Thursdays 6:00-6:30pm
Saturdays: 9:00-9:30am

PERS:

Mondays 10:00-10:30am
Thursdays: 6:30-7:00pm
Saturdays: 9:30-10:00am

Registration

You can register for SKIPPERS classes at the front desk of the Norwich YMCA. Registration is on a first come-first serve basis.

Fees

The fee for YMCA members will be \$15.00 and \$40.00 for non-members, for the entire 8 week session. All registration fees are due on or before the first scheduled class.

Session Schedule 2011

Registration Session

2011 Session Schedule

Registration	Session
January 3-Jan 9	Jan 10-March 6
Feb 28-March 6	March 7-May 1
April 25-May 1	May 2-June 26
June 20-June 26	June 27-Aug 21
Aug 24-Sept 7	SHUT DOWN WEEKS
Sept 6-Sept 11	Sept 12-Nov 6
Oct 31-Nov 6	Nov 7-Jan 1

For More Information Contact Krista Sheridan, Aquatics Director at 607-336-9622x25 or norwichymcaaquatics@citlink.net