

The Norwich Family  
YMCA

**YAQUATICS™**  
We build strong kids, strong families, strong communities.

## YMCA SKIPPERS



***This is where it begins.***

**Swim lessons for  
children**

**6 months—4 years old.**

Norwich YMCA  
68-70 N. Broad St.  
Norwich NY, 13815  
Phone: 607-336-9622  
[Http://www.norwichymca.com](http://www.norwichymca.com)

SKIPPERS introduces children to the water, and equally important, it introduces parents to the water as caregivers. This introductory program prepares both parents and child for a fun filled life of water wonder and exploration.



**SKIPS** (for children 6 months-3 years of age). A Parent is required to be in the water with the child. These lessons teach comfort in the water for child and parent. Babies become aware of differences between moving through the water versus dry land, while parents help their child build confidence in the water. Children enjoy age-appropriate songs and games to begin learning basic water movements such as kicking and bubble blowing.

**PERS**( for children 3-4 years of age). Parent may not be in the water with the child. This beginning class provides an opportunity for children to be in the water without a parent and builds confidence. Fun in the water is emphasized while learning basic skills such as kicking, floating, paddling, and bubble blowing. A maximum of 10 participants may register for this class.

## SUMMER 2010 Class Schedule June 28-August 22, 2010

### **SKIPS:**

Tuesdays: 9:00-9:30am  
Tuesdays: 6:00-6:30pm  
Saturdays: 9:00-9:30am

### **PERS:**

Thursdays: 9:00-9:30am  
Thursdays: 6:00-6:30pm  
Saturdays: 9:30-10:00am

## Registration

You can register for SKIPPERS classes at the front desk of the Norwich YMCA. Registration is on a first come-first serve basis.

## Fees

The fee for YMCA members will be \$15.00 and \$40.00 for non-members, for the entire 8 week session. All registration fees are due on or before the first scheduled class.

## Session Schedule 2010

Registration                      Session

### 2010 Session Schedule

<b>Registration</b>	<b>Session</b>
January 5-Jan 11	Jan 12-March 7
March 2-March 8	March 9-May 2
<b>April 27-May 3</b>	<b>May 4-June 27</b>
<b>June 21-June 27</b>	<b>June 28-Aug 22</b>
Aug 23-Sept 6	SHUT DOWN WEEKS
Sept 7-Sept 12	Sept 13-Nov 7
Nov 1-Nov 7	Nov 8-Jan 2

For More Information Contact Krista Sheridan, Aquatics Director at 607-336-9622x25 or [norwichymcaaquatics@citlink.net](mailto:norwichymcaaquatics@citlink.net)