



Norwich Family YMCA Fact Sheet

Mission

The Norwich Family YMCA is a fellowship of persons of all ages, creeds and classes united in the common effort to put Christian principles into practice through programs that build healthy spirit, mind and body for all. This will, in turn, build strong kids, strong families and stronger communities.

YMCA Values

Caring, Honesty, Respect and Responsibility

These values are actively promoted through all YMCA programs.

Membership

4,200 members, including:

- 750 families
- 2,100 youth members
- 250 senior members
- 1,100 individual members

Facility

Opened January 2002
65,000 square feet
\$7.2 million spent on facility construction
Field House—3 gymnasiums with 1/10 mile indoor running track
6-lane, 25-yard swimming pool
Deck-level whirlpool
Two saunas
Teen Center
Computer Center
Nursery/Preschool
Kids' Gym (3-story activity and play center)
Completely handicapped-accessible building
Three racquetball courts (one is a combination racquetball/squash court)
State-of-the-art Fitness Center featuring complete Cybex circuit, free weights, Cardio Theater, and full line of cardiovascular exercise equipment
Aerobics Studio for fitness classes
Locker rooms (men's, women's, girls', boys' and two family locker rooms)
Community Room with dividing wall to separate area into two rooms

Camp Thompson

200-acre site including 10-acre Lake Neish, woodlands and trail system
Main lodge with kitchen, dining and bathroom facilities
4 sleeping cabins
Boathouse
Playground

Programs

Health and Fitness
Youth Sports
Camp Thompson
Teens
Leaders Club (service group for teens)
Adult Recreational Leagues
Aquatics (swim team and swim lessons)
Afterschool Program (child care)
Nursery and Preschool
Scholarships for YMCA Membership

Community Events

Healthy Kids Day
Gus Macker 3-on-3 Basketball Tournament
Halloween Parade
Turkey Trot 5K and 10K Road Race
Bench Press and Power Weight Lifting Meet

History

First Norwich charter in 1868

Management

Jamey Mullen, executive director
Operates under the direction of the Norwich Family YMCA Board of Directors
Financial operations under the direction of the Norwich Family YMCA Board of Trustees
8 professional YMCA directors
112 employees (full- and part-time)

Contact Information

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