## Norwich Family YMCA Youth Indoor Soccer Rules

1. 6-8 yr. Old division will consist of $\mathbf{5}$ field players, and $\mathbf{1}$ Goalie, $9-10$ yr. Old division will consist of $\mathbf{4}$ field players, and $\mathbf{1}$ Goalie. 11-12 yr. Old division will consist of $\mathbf{3}$ field players and a goalie.
2. All walls are in play, the netting and over the netting are out of bounds. In the case of the $\mathbf{1 1 - 1 2}$ year olds you play Modified Footsal rules. Above the red line is out of bounds.
3. All out of bounds calls will result in a direct kick for the other team from the spot of the infraction. (Unless it is right in front of the goal in which case the ball will be moved to half field for the direct kick.)
4. Any handball infraction will result in a direct kick for the other team. (If a handball occurs within the goal box, the result will be a direct kick from center field. (No penalty kicks will be taken for safety purposes)
5. The goalie may not throw or kick the ball over the third line unless it is a goal kick. (The result of this infraction will be a direct kick for the other team from center field.)
6. *Shoulder to shoulder contact is allowed. Once a player initiates an arm movement that resembles a push, a penalty will be called. (The ball will be placed at the spot of the infraction for a direct kick.)
7. *There is no boarding allowed. (The result of an intentional boarding incident will result in automatic ejection from the game, and the player will sit out of their next game.) This call is made at the discretion of the referee.
8. Score will not be kept for the $6-8$ or the $9-10$ yr. old group. It will be kept for the $11-$ 12 yr. old group. (Please note that this is a recreation soccer league in the case of a lopsided game of 10 or more goals in the 11-12 yr. Old group, the score will be cleared away.)
9. All players must get equal playing time. The 6-8and 9-10 yr. Old division will play 4, eight minute quarters. (Coaches must have your substitutions ready for the start of each quarter to keep the game moving.) 11-12 yr. old divisions will be playing $\mathbf{1 6}$ minute running halves. This means you can sub on the fly or at any dead ball situation. In the case of a goalie, you may not substitute until the half is over with, unless there is an injury.
10. You will have 2 minutes for half time.
11. Any individual player, coach, or fan who speaks or acts in a manner towards another player, coach or referee will be asked to leave the YMCA for that day. Again this is a recreation program and all coaches, and officials are volunteering there time to make this program happen.
